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Moving Forward

Time never stops. The more time flies, the older everything gets. Our life has the same beginning and the same ending, but a journey between them differs and varies depending upon their experiences that can be got on the way. During this big voyage of life, we may come across a plenty of things. For instance, there may be problems, dilemma, bad situation, happiness, serendipity or anything possible in this whole world. They may make you feel sorrowful, content, frustrated and so on. You will find that sometimes you feel like you are in the dark isolated room where no light , and hope can be found. In this kind of circumstances they have no idea to move their life forward. They will feel inactive by having no passion to experience their lives. Living without passion is like being dead. Even though you stop moving, please bear in your mind that time wanders impalpably all the time.

To keep your life moving on, first of all you have to be conscious and try to step out from the dark isolated room. Leave all the bad things behind you. Keep your chin up. Try to take things easy. Even if you are alone or you have no one who can understand you. But you should not forget the fact that you have "yourself" who knows best and conceives everything about you. Trusting yourself is the most important task you must solve. You know what "Our human-beings are able to do everything in this world". Once yourself are being trusted. Every problem in a journey of life is no longer that much tough as you think anymore. Believe that once you overcome them, you will be definitely proud of yourself.

The second idea is to see a value in yourself. Don't think yourself has no goodness. Don't compare yourself to anyone. Everyone has their own talent but they may not know. So don't underestimate yourself. You have to find an exact goal in your everyday. The first open of your eyes while getting up in the morning, you can set the easiest goal of each day like "Today I will try my best for everything so there will be no regret ". Once you can do it, just expand that goal slowly every day from 1 day goal to 2 days ,3 days and then your life time. When you discover what you

can do happily, just keep doing it over and over again in your best try so it will turn out great because effort never betrays anyone. For example, you may be a teacher preaching students or be a doctor who saves people's lives, be any occupations you want to be. Don't give up your ambition. Even if you don't have any dream yet, it doesn't mean that you cannot be happy. You just experience daily life and find out your dream. I truly believe that one day you will come to know what you really love.

The third idea is gratitude. You can try being grateful to whatever comes into your life. Be delighted with a little thing. People who come into your life, they may be your parents, your friends, neighbors, shop assistance and so on who fulfill experience in your book of life. You can say "Thank you" to them by words or actions from inside your heart. Moreover, be grateful to your life. Say "Thanks" to each and every breath you are taking. "You only live once" So keep making your life valuable to others and to yourself is an easy appreciation you can do.

What's more, never stop learning is a meaningful thought that should be kept in mind. It's not only in school where you can learn, but also everywhere in this universe. Everybody has their own way of learning. When you are curious to learn, your life never stops moving forward. Learning doesn't mean only good experience but also unsatisfying experience. Just take all the things as meaningful lessons in your life class. Study from them and use all these lessons to motivate your life. How your life will be depends on how you draw it.

To summarize, all above ideas are just to advise you all. In fact, each person has different way of their life. The most important thing I would like to emphasize is that when you life stops moving on because of any bad situation, just embrace and love yourself. Say "everything is going to be alright " to yourself when you are in trouble. You may cry. You may feel sad. But everything will be alright. Do bear in mind that giving up should not be an option. Be alive. Go and work through it. Lastly, I want to give a cut lyrics from one old song to you all. "How wonderful life is while you are in the world" Just enjoy your life!!
